

### Holy Cross Prayer

I adore you Holy Cross that you alone are adorned with the most Sacred Body of my Lord, covered and tinted with His most precious blood. I adore you my God placed on the cross for me. I adore you Holy Cross for the love of the one who is my Lord. Amen

### Prayer for the release of a loved one from addiction through the Divine Mercy and Blood of Jesus

Lord Jesus, I put myself into your hands this day. I ask you with all my heart to cure the terrible addiction to drugs and alcohol [first name of the person(s)...]. Create in them an intolerance for drugs that will prevent them from ever offending those who love them again. Grant their loved ones the grace to forgive them for all the hurt they have caused. Through the Divine Mercy and Blood of Jesus, I also pray that they will be healed of all withdrawal symptoms of this terrible affliction. I sincerely ask this in the Name of Jesus. Amen

*We now have Benediction*

### The Divine Praises

Blessed be God

Blessed be his Holy Name

Blessed be Jesus Christ true God and true man

Blessed be the name of Jesus

Blessed be his most Sacred Heart

Blessed be his most Precious Blood

Blessed be Jesus in the most holy Sacrament of the altar

Blessed be the Holy Spirit the Paraclete

Blessed be the great mother of God, Mary most holy

Blessed be her Holy and Immaculate Conception

Blessed be her Glorious Assumption

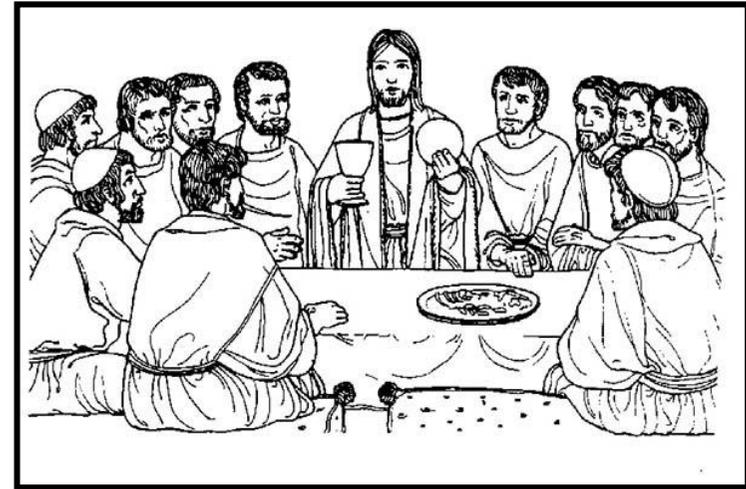
Blessed be the name of Mary, Virgin and Mother

Blessed be Saint Joseph her spouse most chaste

Blessed be God in his Angels and in his Saints

***O God who in this wonderful sacrament has left us a memorial of your passion and death, grant as we reverence the sacred body and blood of your son, we may experience in our lives the effects of your Redemption. Who lives and reigns forever and ever. Amen***

## CENACOLO PRAYER MEETING



### ‘THE CENACOLO’

Where does the word ‘Cenacolo’ come from? Cenacolo is the Italian word for ‘Cenacle’, the Cenacle was the upper room in which Jesus gathered with his disciples to celebrate the Last Supper, before he gave himself in sacrifice on the Cross. This was when he worked his great miracle, when he changed bread and wine into his Body and Blood, Soul and Divinity. He also gave us ‘the great commandment’ **‘Love one another as I have loved you’**, he shared his sacrificial love with his brothers, the apostles, and showed this by washing their feet. The first Cenacolo or Cenacle was a sharing of fraternal charity and love. This was the First Mass.

The Cenacle or Cenacolo was also the place where the apostles gathered with Our lady after Our Lord’s Passion and Death and Resurrection in order to support one another and also to pray that the Holy Spirit would come and make them into new people. That is why we see the Holy Spirit as a Dove and the motif for the Cenacolo Movement.

### The Cenacolo or Cenacle is:

1. Primarily a gathering of people to PRAY asking that the Holy Spirit may come to enlighten and heal. (Especially those suffering from addiction).
2. Like the first disciples in the Cenacle we too are called to live in the truth by fraternal charity and mutual support relying on the Holy Spirit to aid us in our weakness.
3. To gather in a 'Cenacolo' or 'Cenacle' means also to give ourselves to Our Lady who became the Mother of us all at the foot of the Cross and was also present and is present in every 'Cenacle Meeting'.

### Cenacolo – Prayer Meeting

We pray before Jesus Christ truly present before us under the appearance of bread. We pray the five decades of a mystery of the Rosary. We then pray the prayers used in the Cenacolo communities.

After each decade of the Rosary the following is said: ***“Oh my Jesus forgive us our sins, save us from the fires of hell and lead all souls into heaven especially those in most need of your mercy.”***

*[Sing Ave, Ave Maria]*

***“Come Holy Spirit, come by means of the powerful intercession of the Immaculate Heart of Mary, your well-beloved spouse.”***

**St Therese and St Paul, pray for us**

#### **The Creed**

I believe in God, the Father almighty, Creator of heaven and earth and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God the Father Almighty, from there He will come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

#### **The Rosary**

We pray for our Holy Father's intentions. One Our Father, three Hail Marys, one Glory be.

After the Rosary the following is said:

#### **Hail Holy Queen**

Hail, Holy Queen, Mother of mercy; hail, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy towards us: and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

**Pray for us O Holy Mother of God, that we may be made worthy of the promises of Christ.**

#### **Rosary Prayer**

O God, who's Only Begotten Son, by his life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech thee, that by meditating on these Mysteries of the most holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain, and obtain what they promise, through the same Christ Our Lord. Amen

#### **Prayer for the Protection of Our Lady**

Under your protection we seek refuge Holy Mother of God. Receive our supplications in our trials and free us from every danger, O Glorious and Blessed Virgin.

#### **Prayer to St Michael**

Holy Michael, Archangel, defend us in this day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him we humbly pray and do thou prince of the heavenly host by the power of God thrust down to hell Satan and all wicked spirits who wander through the world for the ruin of souls. Amen.

#### **Prayer of Consecration to Our Lady**

In awareness of my Christian mission I put my baptismal pledge into your hands Mary. I withstand Satan, I withstand drugs, I withstand all evil, all his temptations, all his works, and I consecrate myself to Jesus Christ to faithfully carry my Cross with him each day according to the Will of God. In the presence of the Church I accept you, Mary, as my Mother and Empress. I consecrate to you my person, my life and the value of all my good deeds, the past, the present and the future. Direct me in everything that belongs to me to the greater glory of God for all time and eternity. Amen